

# Salem Child Development Center

## Household Illness Exclusion Policy

Originally In Effect: November 18, 2020

Most Recent Update: January 24, 2022

In an effort to reduce exposure to illness including, but not limited to COVID-19, Salem Child Development Center has implemented the following temporary policy:

### **The temporary household exclusion policy applies to all potentially communicable illnesses.**

The illnesses during normal (non-COVID) times will continue to show up. As always, a child will be sent home if they exhibit symptoms such as diarrhea, vomiting, headache with a stiff neck, "pink eye", rash, etc. Then, the child may return 24 hours after symptoms resolve, or with documented direction/approval from a medical professional.

If a member of your household is exhibiting symptoms that prevents them from being able to answer **no** to the Daily Health Check questions, then all members of the household must remain out of care until the following guidelines are met:

#### **Infant, Toddler & Preschool Families:**

1. Any child who tests positive for COVID-19 must be excluded from the program for 10 days and isolate/quarantine. The day they started having symptoms, or if asymptomatic, the day the positive test was taken is considered day zero. Day one is the first full day after symptom onset or the positive test was collected.
2. If someone in your household has been exposed to a person with a positive or presumptive case of COVID-19:
  - You must be excluded from care if exposed during the infectious period.
    - The infectious period is two days before to 10 days after the person with COVID-19 first becomes symptomatic. If the COVID-19 case doesn't have symptoms, infectious period is 2 days before the day the test was taken (not the day they got their test results) to 10 days after.
  - You must quarantine at home for 10 days unless otherwise directed by the local public health authority. The day of your last exposure is considered day zero. Day one of quarantine is the first full day after the last exposure to a case. Consult your local public health authority for guidance.
  - If the positive case is a household member & the exposed person does not develop symptoms, the exposed person's quarantine would begin after the positive person's infectious period is over.
3. Anyone will be excluded from care if a member of the household is experiencing COVID-like symptoms:
  - Exclusion from care should be for 10 days after onset of symptoms and 24 hours after symptoms have resolved without the use of medication.
    - The 10-day exclusion period can be shortened if:
      - An individual with symptoms of COVID-19 tests negative at any time during the 10-day period they can return to care 24 hours after resolution of symptoms without the use of medication.
      - An individual's only symptom is fever and is advised by a medical professional they can return to group care. Documentation from the medical

professional is required. The individual should be fever-free for at least 24 hours.

- There may be case-by-case scenarios in which the exclusion period may be reduced based on consultation with & documentation from a medical provider.

### **School-Age Families:**

1. Any school-age child who tests positive for COVID-19 must be excluded from the program for 5 days and isolate/quarantine. The day they started having symptoms, or if asymptomatic, the day the positive test was taken is considered day zero. Day one is the first full day after symptom onset or the positive test was collected.
2. If someone in your household has been exposed to a person with a positive or presumptive case of COVID-19:
  - You must be excluded from care if exposed during the infectious period.
    - The infectious period is two days before to 10 days after the person with COVID-19 first becomes symptomatic. If the COVID-19 case doesn't have symptoms, infectious period is 2 days before the day the test was taken (not the day they got their test results) to 10 days after.
  - You must quarantine at home for 5 days unless otherwise directed by the local public health authority. The day of your last exposure is considered day zero. Day one of quarantine is the first full day after the last exposure to a case. Consult your local public health authority for guidance.
  - If the positive case is a household member & the exposed person does not develop symptoms, the exposed person's quarantine would begin after the positive person's infectious period is over.
  - An individual who is fully vaccinated does not need to quarantine if exposed. They should monitor for symptoms.
3. Anyone will be excluded from care if a member of the household is experiencing COVID-like symptoms:
  - Exclusion from care should be for 5 days after onset of symptoms and 24 hours after symptoms have resolved without the use of medication.
    - The 5-day exclusion period can be shortened if:
      - An individual with symptoms of COVID-19 tests negative at any time during the 5-day period they can return to care 24 hours after resolution of symptoms without the use of medication.
      - An individual's only symptom is fever and is advised by a medical professional they can return to group care. Documentation from the medical professional is required. The individual should be fever-free for at least 24 hours.
      - There may be case-by-case scenarios in which the exclusion period may be reduced based on consultation with & documentation from a medical provider.